

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2026

Happy Birthday Sally! 5
 9:30 - Sunrise Exercise Sunday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Easter Church Service - TH
 11:00 - Would you rather - LBY
 1:00 - Group walk - LBY
 1:30-Birds Nest Cookies - A1
 3:00 - Bingo! - LBY
 4:00 - Patio Hangout - PT



Easter Sunday

9:30 - Move your body Monday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - Gender Reveal Game - LBY
 1:00 - Walking Club - LBY
 1:30 - Spring fork Tulip art - A1
 2:00 - Armchair Travel - Wonders of Latin America - TH
2:15 - Stoughton Opera House - Piano performance FREE
 3:00 - Mix and Mingle - LBY
 3:30 - Trivia! - LBY

9:30 -Back in Motion with Jen from PowerBack - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 1:00 - Logos with Tre'
 1:30 - Beginners dance class with Nansi -A2
 2:00 - Group Walk - LBY
 2:30 - Desserts and Discussion with Director - LB1
 3:30 - Bingo! - LBY
 4:30 - Patio Hangout - PT

9:30 -Work out Wednesday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch
10:30 - Communion with Deacon Todd - A1
1:00 - Trip Geology Museum/ Ice Cream Shoppe \$
 1:30 - From Mythology to My Fair Lady -TH
 3:00 - Grand Slam Shuffle Game - LBY
 4:00 - Group Walk

9:30 -Train and Tone Thursday -L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
11:00 - Brighton Hospice Spring Sugar Cookie Decorating- LBY
 1:30 - Floral Arranging - ACT
 3:00 - Thirsty Thursday - CB
 3:30 - Jeopardy! -CB
 4:00 - Group Walk! LBY

9:30 - Flex and Fitness Friday - L1
 10:00 - Young at Heart Yoga - TH
 11:00 - Christine's Coffee Cart - CB
 11:15 -Begins with... Game
 1:00 - Friday Film - TH
 1:30- Create your own Moon Mirror/ Learn about the Pink moon this month - A1
 3:00- Bingo! - CB
 4:00 - Group Walk! - LBY

9:30 - Show your muscles Saturday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - Group Walk - LBY
 1:00 - Movie in Theater - TH
1:00 - Pick N Save - \$\$
 2:00 - Group Games - LBY
 3:00 -Patio Hangout - PT

9:30 - Sunrise Exercise Sunday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
11:00 - Lunch at Stone Porch Ale House \$\$\$
 2:00 - Open Games
 3:00 - Patio Hangout
 3:30 -Group Walk

9:30 - Move your body Monday - L1
 10:00 - Resident Council - L1
 10:30 - Young at Heart Yoga
 11:00 - Coffee Clutch and This or that
 1:00 - Walking Club - LBY
1:30 - Trip to the Capital Sight Seeing FREE
 2:00 - Armchair Travel - Wonders of Alaska - TH
 3:00 - Mix and Mingle - LBY
 3:30 - Spring Trivia - LBY

9:30 -Back in Motion with Jen from PowerBack - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
10:30 - Breathwork with Jo Adducci - TH
 1:00 - Candy lovers Dice Game - LBY
 2:00 - Group Walk - LBY
 3:00 - Bingo! - LBY
 4:00 - Patio Hangout - PT

9:30 -Work out Wednesday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - Word up! Synonym true or false game- LBY
 1:00- Sinking of the Titanic interactive presentation - TH
1:30 - Thrift Shopping \$
 2:00 - Make your own strawberry short cake D1
3:00 - Cowboy Bob Entertainment - CB

9:30 -Train and Tone Thursday -L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 1:00 - Group walk - LBY
 1:30 - Floral Arranging - ACT
 3:00 -Thirsty Thursday - CB
 3:30 - Trivia with Tre' - CB
4:30 - The Lazy Oaf Lounge for Dinner \$\$\$

9:30 - Flex and Fitness Friday - L1
 10:00 - Young at Heart Yoga - TH
 11:00 - Christine's Coffee Cart - CB
 11:15 - 4 X 4 word Game - CB
 1:00 - Friday Film - TH
 1:30- Clothes Pin Critter Craft - ACT
2:00 - Ice Cream shop \$
 3:00- Bingo! - CB
 4:00 - Walk - LBY

9:30 - Show your muscles Saturday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - Trivia in the Lobby
11:00 - Lunch at Sugar River Pizza
 1:00 - Paint and Sip - A1
 2:30 - How its made - TH
 3:30- Group walk - LBY
 4:00 - Patio hangout and games >

9:30 - Sunrise Exercise Sunday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - History fact or fiction 1950s - LBY
 1:00 - Nail Painting and Music - A1
 2:00 - Beading Crafts - A1
 3:00 - Bingo! - CB
 4:00 - Group Walk - LBY

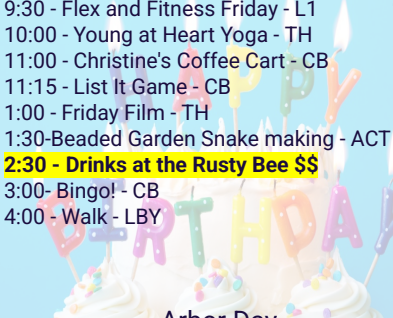
9:30 - Move your body Monday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - Hail Mary Game - LBY
 1:00 - Walking Club - LBY
 1:30 - Embellishing Picture Frame Craft - A1
 2:00 - Armchair Travel - Wonders of Nepal - TH
2:15 - Stoughton Opera House - Oboe and Bassoon FREE
 3:00 - Mix and Mingle
 3:30 -

9:30 -Back in Motion with Jen from PowerBack - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
1:00 - Travel to Arboretum for scenic walk
 1:30 - Beginners dance class - with Nansi -A2
 2:30 - Desserts and Discussion with Director - LB1
 3:30 - Bingo! - LBY
 4:30 - Patio Hangout PT

9:30 -Work out Wednesday - L1
 10:00 - Young at Heart Yoga - TH
10:30 - Communion with Deacon Todd - A1
 11:00 - Happy Administrative Professionals day to Ryan! Celebration with Donuts - LBY
 1:00- Presentation and trivia on the Environment and earth -TH
1:30 - Dollar Tree -\$\$
 3:00 - Nature walk/ Plogging - LBY
 4:00 - Patio Hangout and Lemonade

9:30 -Train and Tone Thursday -L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 1:00 - African Safari Virtual - TH
 1:30 - Floral Arranging - ACT
3:00 - Butterfly bonanza Birthday Party - CB
 3:30 - Insects and bugs Trivia - CB
 4:00 - Patio Hangout - PT

Happy Birthday Carol M! 24
 9:30 - Flex and Fitness Friday - L1
 10:00 - Young at Heart Yoga - TH
 11:00 - Christine's Coffee Cart - CB
 11:15 - List It Game - CB
 1:00 - Friday Film - TH
 1:30-Beaded Garden Snake making - ACT
2:30 - Drinks at the Rusty Bee \$\$
 3:00- Bingo! - CB
 4:00 - Walk - LBY



Arbor Day

9:30 - Show your muscles Saturday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - Group Walk
11:30 - Christy's Landing for Lunch \$\$
 1:00 - Movie in theater
 2:00 - Group Games
 3:00 - Patio hangout

9:30 - Sunrise Exercise Sunday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee and
 11:00 - Favorite things - CB
 1:00 -Movie in theater - TH
2:00-Trip to Barriques- Wine-Coffee-Deli - \$\$
2:30 - Group walk - LBY
 3:00 -Bingo!
 4:00 - Patio Hangout - PT

9:30 - Move your body Monday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:00 - Bible study - Fire and Brimstone - Natural events and the bible - TH
 1:00 - Walking Club - LBY
1:30 - Trip to the Zoo
 1:30 - Crafters Corner - A1
 2:00 - Armchair Travel - Wonders of Peru - TH
 3:00 - Mix and Mingle - LBY
 3:30 - Trivia - LBY

9:30 -Back in Motion with Jen from PowerBack - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - LBY
10:30 - Breathwork with Jo Adducci - TH
 11:00 - Family Feud game- LBY
 1:00 - Spring Craft - A1
 3:00 - Bingo! LBY
 4:00 - Patio Hangout - PT

9:30 -Work out Wednesday - L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - LBY
 11:00 - Nix the Six - LBY
 1:00 - Kitchen Creation - A1
 2:00 - Advanced Exercise - A2
3:00 - Badger Talk presenter - Professor Betsy Quinlan on Rejuvenating the Aging Brain - LBY
 4:00 - Group Walk - LBY

9:30 -Train and Tone Thursday -L1
 10:00 - Young at Heart Yoga - TH
 10:30 - Coffee Clutch - CB
 11:30 - Trivia - LBY
 1:00 - Amazon Rainforest Virtual Exploration - TH
 1:30 - Floral Arranging - ACT
 3:00 - Thirsty Thursday - CB
 3:30 - Jeopardy! - CB
 4:00 - Patio Hangout - PT

Location Key:
A1 - Activity room 1st floor
LR1 - Living room 1st floor
TH - Theater (second floor)
D1 - Dining Room 1st floor
LBY - Lobby
CB - Coffee Bar
PT - Patio - Main lobby
A2 -Activity room second floor
L1 - First floor library
Yellow highlighted are outings - Sign up at front desk - \$\$\$ requires money!